

Global Well-Being

Well-Being Ambassador Toolkit

*"For tomorrow belongs to the people who prepare for it today."
– African proverb*

Charting your financial path

- The global pandemic has affected many people throughout the world through job loss, changes in income or other events that impacted their financial security.
- According to a PwC 2021 Financial Wellness Survey, 68% of global employees report that they're experiencing higher levels of financial stress since the start of the pandemic.
- Financial stress can negatively impact physical and emotional well-being and cause employees to lose focus at work.
- By providing tools to help employees set realistic goals and create plans to achieve them, we can reduce their financial stress and enable them to bring their best selves to work each day.

What to Do

- **By January 5.** Send the attached well-being email to employees.
- **By January 14.** Send the attached WELLbinar reminder email to employees.

3 ways to help promote financial planning at your location...

1. Share financial planning resources and tools available through your local pension/retirement plan administrators or banking relationships. Visit the [Financial Resources page](#) on WellBeingAtAECOM.com and click on Local Financial Resources to find resources for your country.
2. Coordinate a local event where your office location or local teams can collaborate to create virtual financial well-being [vision boards](#) like [Rachel McIntosh](#) and Environment Finance team in the U.K.
3. Share this [LinkedIn Learning Course](#) to help employees transform their relationship with money and build a financially secure future.

For additional resources to help employees focus on their well-being, please visit the [Well-Being Ambassador Resources Hub](#).



Fact: Employees whose financial stress increased during the pandemic are significantly more likely to admit that their finances have been a distraction at work.

Source: [PWC Employee Financial Wellness Survey](#)