MUST READ BEFORE JOINING ONLINE VIRTUAL CLASS:

Liability Waiver: You acknowledge that there is a risk associated with participating in fitness activities and in exercising. Your participation, is completely voluntary and you acknowledge that you are assuming all risks of injury to yourself or others including, without limitation, any illness or medical condition. Please raise any concerns about starting an exercise or fitness program with your physician before participating. You agree on your own behalf (and on behalf of your personal representatives, heirs, estate trustees or assigns) to: a) release, indemnify and discharge GoodLife, together with its owners, officers, directors, agents, employees or independent contractors (the “Released Persons”), from any and all claims or causes of action (known or unknown) which you may have arising out of your participation in virtual, live Group Fitness classes.

By clicking the live class link and joining the virtual class experience you acknowledge and accept this liability waiver statement.