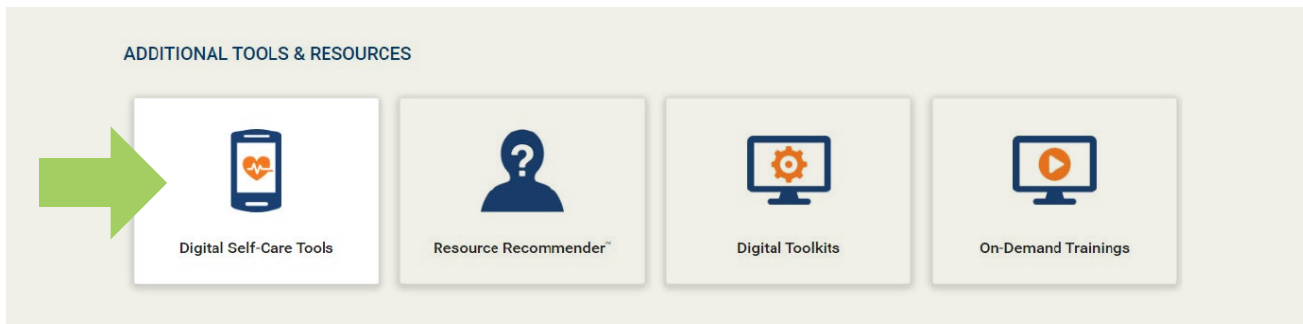


Accessing Koa Foundations for the first time

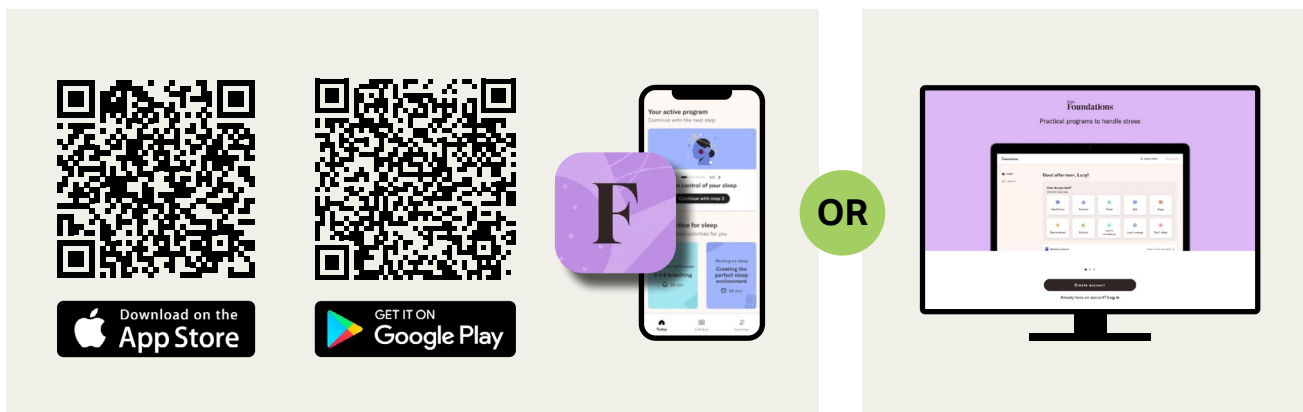
1 Sign into your ComPsych Employee Assistance Program (EAP) account.

2 Click the **Digital Self-Care Tools** icon on the homepage and select **"Continue."**



3 Register for Koa Health Foundations (Organization Web ID: AECOM) using the same email address that you use for ComPsych.

4 Download the **Koa Foundations app** or use the online portal.



5 Create your account using your registered email address.