

Your New Benefits and Well-Being Resources



You are joining a global community focused on engaging and empowering your well-being. We are committed to supporting you at every point in your career. Explore these helpful programs and resources available to you and your family.

In your first month	
Bookmark WellBeingAtAECOM.com	Discover the benefits available to you and explore resources for every pillar of well-being — emotional, physical, financial, social, intellectual and for the planet.
Join the well-being community	Click the Community menu on WellBeingAtAECOM.com and follow the easy steps to get started. Connect with your colleagues from around the world and share resources and inspiration to focus on your well-being together.
Sign up for benefits	Learn about the benefits available to you in your country and complete any required tasks. If you have any questions, please open a case through the Employee Center.
In your first six months	
Explore well-being events	Visit the events page on WellBeingAtAECOM.com to find the latest webinars and presentations covering a variety of well-being topics.
Challenge yourself	Participate in the Global Well-Being challenges throughout the year to join your colleagues in boosting your health and well-being. The WellBeingAtAECOM.com homepage will always have the latest information on active challenges.
Build your skills	<ul style="list-style-type: none">• AECOM University: Access virtual learning courses to further your education, advance your career, cultivate your creativity and improve your problem-solving abilities.• LinkedIn Learning: Build knowledge in a variety of areas — from communication techniques to new business skills.• Leadership at all Levels: Get to know how we define leadership at AECOM and the range of programs to help you reach your leadership potential.• Global Business Line Technical Academies: Participate in high-quality, structured learning and development opportunities that build knowledge and networks, extend technical skills and foster a culture of technical excellence and quality.• Career Paths: Explore our career philosophy and the four career paths available to you at AECOM to support informed decisions about career development.• Technical Practice Network: Join for access and exposure to the people, tools, resources and opportunities across the company to develop your career and spark innovative work.
Get active with virtual fitness options	Explore thousands of on-demand fitness and wellness classes. Enjoy a discounted ClassPass Membership (Company code: AECOM) for access to livestream and in-person classes and wellness and beauty services.

Tap into support anytime

- **GuidanceResources Employee Assistance Program** provides free and confidential support 24/7 for workplace challenges, relationship concerns, substance abuse, financial tools and more. Each household family member will receive five free sessions per issue, per year.
- **Koa Health Foundations** helps you improve your emotional well-being with a flexible, comprehensive digital program. Use the tools and resources to reduce stress, address depression, get better sleep and more.
- **Kudos** allows you to send personalized e-cards to recognize colleagues and share your appreciation.
- **Business Travel** gives you protection and assistance while travelling internationally.



New hires who understand their benefits are **3x more likely to be holistically well** — mentally, financially, socially and physically.¹

1. [MetLife](#)



Explore [WellBeingAtAECOM.com](#) for more information on well-being benefits and programs.