

# Flex Your Financial Fitness Challenge

- We are committed to all aspects of our employees' well-being and to the things that help you be your best.
- AECOM's Global Well-Being challenge, Flex Your Financial Fitness, begins in March. It's a fun and interactive way for you and your spouse/domestic partner to increase financial literacy and improve financial well-being:
  1. Register for a personal account at [WellBeingAtAECOM.com](http://WellBeingAtAECOM.com) and opt in to receive emails
  2. From **March 16 - 24**, one new financial well-being activity will be emailed to participants each business day
  3. Complete all seven activities by March 24 for a chance to win one of four gift cards and earn a digital badge for your [WellBeingAtAECOM.com](http://WellBeingAtAECOM.com) account
  4. Thank you for your support of our financial and emotional well-being pillars. These pillars are closely connected and play an important role in your overall health.