



GuidanceResources®

Here to Help

For HR Professionals

HR professionals today face more challenges than ever, from understanding the needs of a multi-generational and diverse workforce that may be struggling to balance work and family life, to dealing with organizational change in a difficult economy. Stress is a common issue.

We understand the pressures you face on a daily basis, and we're here to help. Your ComPsych® GuidanceResources® program provides confidential support for you, your management team and your employees.

For you and your managers/supervisors: HR professionals, as well as managers and supervisors, can speak with specialists for guidance on employee behavior and performance issues. ComPsych® provides you with the support and consultation you need when an employee's emotional or work-life issues affect job performance. ComPsych® also offers personal and professional development seminars as well as on-site critical incident services.*

For your employees: Employees can take advantage of free, confidential counseling for issues such as stress, anxiety, depression, anger management, substance abuse, relationship problems and other concerns. They can also get assistance with child care, elder care, housing, emergency assistance, financial and legal concerns and much more.*

Just Call Your Toll-Free Number

Call ComPsych®, whenever you have questions or need guidance with employee issues. And don't forget to access services for your own emotional and work-life concerns.

AECOM

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